

PRICES

Lunch

Entrée Soup	\$3	Tea/Coffee	\$1
Main Soup	\$6	Biscuits	50c
Main Course	\$6		
Dessert	\$3		

Takeaway

Frozen Soup	\$3
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***** Meals are prepared fresh every day

BOOKINGS

Bookings are essential. Phone 8372 5128

Please complete a registration form if you would like a regular booking, or alternatively, contact the Unley Community Centre to make a casual booking (**before 9.30am on the day**)

If you need to change or cancel a booking, please contact the Centre as soon as possible.

The Circuit Café is proudly brought to you by The City of Unley and a host of wonderful volunteers. It is only through the dedication of these volunteers that this fantastic service exists



CIRCUIT CAFÉ UNLEY COMMUNITY CENTRE

18 Arthur Street, Unley SA 5061
Phone: 8372 5128
unley.sa.gov.au

21 October – 17 December 2024



CIRCUIT CAFÉ

UNLEY COMMUNITY CENTRE



Welcome to the Circuit Café, a friendly, community orientated meal service nestled in the Unley Community Centre at 18 Arthur Street. A great place to meet new people, catch up with friends and enjoy a delicious, affordable meal.

***Please note that the Monday meal service is changing. See enclosed for more details.**

Open: *Monday, Tuesday, Thursday, and Friday

Meals served between 11.30am and 12.30pm (Orders need to be placed by 12.15pm)

*No bookings required on Mondays; Mondays open 9.30am – 1pm

All casual bookings must be phoned in before 9.30am on the day

Cost: Soup \$3 Main \$6 Dessert \$3

Unley Community Centre - 18 Arthur Street, Unley

Bookings Essential, Phone 8372 5128

CELEBRATING THE OVER FIFTIES WITH FRIENDS & FOOD

Monday 21 October	Tuesday 22 October	Thursday 24 October	Friday 25 October
Pumpkin Soup GF** Toasted Sandwiches & Sweet and Savoury Muffins, Scones	Beef & Noodle Soup Chicken Dianne Spinach & Cheese Cannelloni** Coconut & Cherry Strudel Lemon Pudding	Mixed Veg soup GF** Pork and Fennel Rolls Salmon Patties Berry Swiss Roll Pears & Chocolate GF	Chickpea & Spinach GF** Zucchini Slice** Meatballs in Mushroom Sauce Apple Crumble Eton Mess GF
28 October	29 October	31 October	1 November
Minestrone ** Toasted Sandwiches & Sweet and Savoury Muffins, Scones	Thai Pumpkin Soup GF** Roast Pork GF Quiche** Berry & White Chocolate Pudding Cheesecake	Carrot & Lentil Soup GF** Corned Silverside Zucchini, Tomato & Capsicum Slice** Mango Mousse GF Sticky Date Pudding	Bulgur, Lentil & Spinach Soup** Chicken Cacciatore Crumbed Fish Meringue Nest GF Lamington Swiss Roll
4 November	5 November	7 November	8 November
Mixed Veg Soup GF** Toasted Sandwiches & Sweet and Savoury Muffins, Scones	Chicken & Veg Soup GF Zucchini & Feta Fritters GF** Pulled Pork GF Apricot Crumble Tiramisu	Leek & Potato Soup GF** Chicken Parmigiana Beef Lasagne Orange Syrup Pudding Lemon Meringue Slice	Pea & Ham Soup GF Cottage Pie Vegetable Frittata GF** Apple Cake Chocolate Log
11 November	12 November	14 November	15 November
Mushroom/Potato Soup GF** Toasted Sandwiches & Sweet and Savoury Muffins, Scones	Minestrone Soup** Beef Rissoles Vegetable Filo Parcel** Honey & Star Anise Panna Cotta GF Berry Crumble	Thai Pumpkin Soup GF** Tuna Bake Lamb Casserole GF Pears & Chocolate GF Strawberry Nut Sundae	Chickpea & Spinach Soup GF** Apricot Chicken GF Quiche** Lebanese Custard Slice Trifle

Mondays – available 9.30am – 1pm

****** indicates a Vegetarian dish **GF** indicates Gluten Free

Please note: Menu is subject to change without notice.

Monday 18 November	Tuesday 19 November	Thursday 21 November	Friday 22 November
Chicken & Veg Soup GF Toasted Sandwiches & Sweet and Savoury Muffins, Scones	Bulgur, Lentil & Spinach Soup** Crumbed Fish Bangers & Mash Peach Upside Down Cake Chocolate Bavarian	Leek and Potato GF** Beef & Guinness Pie Stuffed Tomatoes GF** Eton Mess GF Apple Cake	Minestrone Soup** Salmon Patties Roast Chicken GF Orange & Coconut Cake Strawberry Nut Sundae
25 November	26 November	28 November	29 November
Barley & Veg Soup** Toasted Sandwiches & Sweet and Savoury Muffins, Scones	Beef & Noodle Soup Cheese & Spinach Pie** Chicken Parmigiana Plum Crumble Fruit Salad & Ice cream GF	Bean & Spinach Soup GF** Quiche** Roast Lamb GF Panna Cotta with Berries GF Lamington Roll	Pumpkin & Lentil Soup GF** Butter Chicken Tuna Bake Cheesecake Sticky Date Pudding
2 December	3 December	5 December	6 December
Leek & Potato Soup GF** Toasted Sandwiches & Sweet and Savoury Muffins, Scones	Pumpkin soup GF** Cauliflower Curry GF** Crumbed Fish Choc/vanilla Panna cotta Strawberry Nut Sundae	Cauliflower & Potato GF** Corned Silverside Pumpkin Lasagne** Pears and Chocolate Pavlova Roll GF	Yellow Split Pea Soup GF** Roast Pork GF Chicken & Vegetable Pie Tiramisu Lemon Pudding
9 December	10 December	12 December	13 December

**Christmas lunch week
Menu coming soon.**



**Lunch Service continues Monday 16 and Tuesday 17 December
with surprise meals**

Wishing you a Merry Christmas and a Safe Happy New Year

Office will be closed from Friday 20 December and Reopen 6 January
Meals to **resume on Monday 13 January 2025**