

Circuit Cooking 101

February - July 2025

Make cooking simple, easy, and most importantly, enjoyable. Circuit Cooking Workshops incorporate demonstrations, tastings, lots of practical tips, tricks, and a few laughs.

2nd MONDAY OF THE MONTH, 1.30 – 3.00PM

(Except if 2nd Monday is a Public Holiday, then workshop is on 1st Monday)

UNLEY COMMUNITY CENTRE, 18 ARTHUR STREET,
UNLEY

**Bookings Essential,
Phone 8372 5128 or see our office staff**

Please note in the interest of giving everyone an equal opportunity in attending, workshops cannot be booked more than one month in advance. Refer to bookings opening date listed against individual workshops.



UNLEY COMMUNITY CENTRE

18 Arthur Street, Unley SA 5061

Phone: 8372 5128

unley.sa.gov.au/ucc

CIRCUIT COOKING 101

Feb - July 2025

UNLEY COMMUNITY CENTRE



Are you looking to ignite, or reignite a passion for Cooking?

Facilitated by our very own Cook and Circuit Café Coordinator Chloe, these monthly workshops will motivate and inspire you to get into the kitchen. 2nd Monday of every Month, 1.30 – 3pm. Cost: Varies. Bookings essential. Phone 8372 5128.

CELEBRATING THE OVER FIFTIES WITH LIFE LONG LEARNING



Monday 10 February

Sweeten up the New Year

Start the new year with a hit of syrupy Greek sweets. Come along and learn how to make Cream Kataifi and Baklava, the two well-known Greek sweets that are loved around the world.

Cost: \$7

Bookings open 28 January



Monday 3 March (1st Monday)

A Taste of South-east Asia

Sarmi Kirkwood, owner and manufacturer of *The Origin of Taste* pastes and chilli sauces, will whip up something quick and easy to entice the senses and introduce us to the fragrant tastes of Southeast Asia. *The Origin of Taste* products will be available to purchase on the day.

Cost: \$7

Bookings open 24 February



Monday 14 April

Greek Easter

Easter is the most important religious feast of the year in an Orthodox calendar. Foods served are steeped in symbolism and tradition. In this workshop learn how to make a couple of the well-known delicacies - red dyed eggs and braided sweet breads.

Cost: \$7

Bookings open 31 March

Monday 12 May

Bus Trip: Campbelltown Food Trail

Experience the flavours of the Campbelltown Food Trail bus tour. Take a journey into this vibrant community for a day of eating and drinking. Explore the city's rich cultural history and enjoy a guided tour of some of Campbelltown's best producers.

Cost: \$25 Time: 9.30am – 3.00pm

Bookings open 28 April



Monday 2 June (1st Monday)

Authentic Gnocchi

Immerse yourself in the flavours of Italy. The magic duo of Stella and Chloe will demonstrate the art of making authentic, fresh potato gnocchi from scratch and pair it with a traditional napoletana sauce.

Cost: \$7

Bookings open 19 May



Monday 14 July

Winter Warmers

There is nothing more satisfying on a cold winter's day than a steaming bowl of homemade soup full of flavour. Join Chloe to learn the basic dos and don'ts to help achieve tasty results.

Cost: \$7

Bookings open 30 June



Workshops are 1.30 – 3.00pm **BOOKINGS ESSENTIAL**. Please refer to bookings open date listed against individual workshops above.

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