

PRICES

Lunch

Entrée Soup	\$3	Tea/Coffee	\$1
Main Soup	\$6	Biscuits	50c
Main Course	\$8		
Dessert	\$3		

Takeaway

Soup	\$4
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***** Meals are prepared fresh every day

BOOKINGS

Are essential. Phone 8372 5128

Please complete a registration form if you would like a regular booking, or alternatively, contact the Unley Community Centre to make a casual booking (**before 9.30am on the day**)

Cancellations/changes - please contact the Centre as soon as possible.

The Circuit Café is proudly brought to you by The City of Unley and a host of wonderful volunteers. It is only through the dedication of these volunteers that this fantastic service exists.



CIRCUIT CAFÉ
UNLEY COMMUNITY CENTRE
18 Arthur Street, Unley SA 5061
Phone: 8372 5128
unley.sa.gov.au

13 January – 7 March 2025



CIRCUIT CAFÉ

UNLEY COMMUNITY CENTRE

Welcome to the Circuit Café.

a friendly, community orientated meal service nestled in the Unley Community Centre at 18 Arthur Street. A great place to meet new people, catch up with friends and enjoy a delicious, affordable meal.



Open: *Monday, Tuesday, Thursday, and Friday

Meals served between 11.30am and 12.30pm (Orders need to be placed by 12.15pm)

Mondays open 9.30am – 1pm *No bookings required on Mondays

All casual bookings must be phoned in before 9.30am on the day

Cost: Soup \$3 Main \$8 Dessert \$3 T/A Soup: \$4

Unley Community Centre - 18 Arthur Street, Unley

Bookings Essential. Phone 8372 5128

CELEBRATING THE OVER FIFTIES WITH FRIENDS & FOOD

Monday	Tuesday	Thursday	Friday
13 January	14 January	16 January	17 January
Pumpkin Soup**GF Toasted Sandwiches & Sweet and Savoury Muffins, Scones	Beef & Noodle Soup Chicken Dianne Spinach & Cheese Cannelloni** Strawberry Nut Sundae Mango & Passionfruit Tiramisu	Mixed Veg soup **GF Beef Lasagne Salmon Patties Berry Swiss Roll Pears & Chocolate	Minestrone** Zucchini Slice** Meatballs in Mushroom Sauce Apple Crumble Eton Mess GF
20 January	21 January	23 January	24 January
Bulgur, Lentil & Spinach Soup** Toasted Sandwiches & Sweet and Savoury Muffins, Scones	Thai Pumpkin Soup GF ** Corned Silverside Lentil & Potato Patties** Berry & White Chocolate Pudding Cheesecake	Carrot & Lentil Soup GF ** Mild Indian Veg Rolls** Chicken Casserole GF Sticky Date Pudding Coconut & Cherry Strudel	Potato & Spinach Soup** Roast Pork Crumbed Fish Meringue Nests GF Lamington Swiss Roll
27 January	28 January	30 January	31 January
PUBLIC HOLIDAY CLOSED	Chicken & Veg Soup Zucchini & Feta Fritters** Beef Lasagne Apricot Crumble Strawberry Nut Sundae	Yellow Split Pea Soup GF ** Chicken Parmigiana Pulled Pork GF Orange Syrup Pudding Tiramisu	Pea & Ham Soup GF Cottage pie Cauliflower Curry GF ** Apple Cake Chocolate Log
3 February	4 February	6 February	7 February
Mushroom/Potato Soup GF ** Toasted Sandwiches & Sweet and Savoury Muffins, Scones	Tomato & bean Soup GF ** Lamb Casserole GF Vegetable Filo Parcel** Honey & Star Anise Panna Cotta GF Berry Crumble	Thai Pumpkin Soup GF ** Tuna Bake Beef Rissoles Peach Flan Fruit Salad & Ice Cream GF	Chickpea & Spinach Soup GF ** Apricot Chicken GF Quiche Lebanese Custard Slice GF Trifle

Monday	Tuesday	Thursday	Friday
10 February	11 February	13 February	14 February
Chicken & Veg Soup Toasted Sandwiches & Sweet and Savoury Muffins, Scones	Bulgur, Lentil & Spinach Soup** Roast Chicken GF Zucchini, Tom & Capsicum Slice** Peach Upside Down Cake Eton Mess GF	Leek & Potato Soup GF ** Moussaka Bangers & Mash Chocolate Bavarian Lemon Meringue Pie	Minestrone Soup** Crumbed Fish Beef & Guinness Pie Orange & Coconut Cake Peach Melba
17 February	18 February	20 February	21 February
Barley & Veg Soup** Toasted Sandwiches & Sweet and Savoury Muffins, Scones	Bean & Spinach Soup**GF Cheese & Spinach Pie ** Beef Rissoles Cheesecake Chocolate Custard	Beef & Noodle Soup Butter Chicken Stuffed Tomatoes GF** Panna Cotta with Berries Lamington Roll	Pumpkin & Lentil Soup** GF Tuna Bake Vegetable & Feta Filo Rolls Apple Cake Eton Mess GF
24 February	25 February	27 February	28 February
Potato & Spinach Soup GF ** Toasted Sandwiches & Sweet and Savoury Muffins, Scones	Pumpkin soup GF ** Chicken & Vegetable Pie Cauliflower Curry GF ** Crumbed Fish Mango & Passionfruit Tiramisu Choc/Vanilla Panna cotta	Potato and Bacon Soup Roast Pork GF Pumpkin Lasagne** Pears and Chocolate Pavlova Roll	Yellow Split Pea Soup** GF Corned Silverside Bangers & Mash Tiramisu Lemon Pudding
3 March	4 March	6 March	7 March
Leek & Potato Soup** GF Toasted Sandwiches & Sweet and Savoury Muffins, Scones	Thai Pumpkin Soup** GF Moroccan Filo Rolls Meatballs in Tomato Sauce Orange Syrup Puddings Chocolate Nut Sundae	Potato and Cauliflower Soup** GF Chicken Stroganoff Bangers & Mash Apple Cake Fruit Salad & Ice cream GF	Minestrone Soup** Quiche** Apricot Chicken Trifle Meringue Nests GF

Mondays – available 9.30am – 1pm

****i indicates a Vegetarian dish GF indicates Gluten Free**

Please note: Menu is subject to change without notice.