

## PRICES

### Lunch

Entrée Soup	\$3	Tea/Coffee	\$1
Main Soup	\$6	Biscuits	50c
Main Course	\$8		
Dessert	\$3		

### Takeaway

Soup	\$4
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\*\*\*\*\* Meals are prepared fresh every day

## BOOKINGS

Are essential. Phone 8372 5128

Please complete a registration form if you would like a regular booking, or alternatively, contact the Unley Community Centre to make a casual booking (**before 9.30am on the day**)

Cancellations/changes - please contact the Centre as soon as possible.

The Circuit Café is proudly brought to you by The City of Unley and a host of wonderful volunteers. It is only through the dedication of these volunteers that this fantastic service exists.



**CIRCUIT CAFÉ**  
**UNLEY COMMUNITY CENTRE**  
18 Arthur Street, Unley SA 5061  
Phone: 8372 5128  
unley.sa.gov.au

13 January – 7 March 2025



# CIRCUIT CAFÉ

UNLEY COMMUNITY CENTRE

Welcome to the Circuit Café.

a friendly, community orientated meal service nestled in the Unley Community Centre at 18 Arthur Street. A great place to meet new people, catch up with friends and enjoy a delicious, affordable meal.



**Open: \*Monday, Tuesday, Thursday, and Friday**

Meals served between 11.30am and 12.30pm (Orders need to be placed by 12.15pm)

Mondays open 9.30am – 1pm \*No bookings required on Mondays

**All casual bookings must be phoned in before 9.30am on the day**

**Cost:** Soup \$3 Main \$8 Dessert \$3 T/A Soup: \$4

Unley Community Centre - 18 Arthur Street, Unley

**Bookings Essential.** Phone 8372 5128

**CELEBRATING THE OVER FIFTIES WITH FRIENDS & FOOD**

Monday	Tuesday	Thursday	Friday
<b>13 January</b>	<b>14 January</b>	<b>16 January</b>	<b>17 January</b>
Pumpkin Soup**GF Toasted Sandwiches & Sweet and Savoury Muffins, Scones	Beef & Noodle Soup Chicken Dianne Spinach & Cheese Cannelloni** Strawberry Nut Sundae Mango & Passionfruit Tiramisu	Mixed Veg soup**GF Beef Lasagne Salmon Patties Berry Swiss Roll Pears & Chocolate	Minestrone** Zucchini Slice** Meatballs in Mushroom Sauce Apple Crumble Eton Mess GF
<b>20 January</b>	<b>21 January</b>	<b>23 January</b>	<b>24 January</b>
Bulgur, Lentil & Spinach Soup** Toasted Sandwiches & Sweet and Savoury Muffins, Scones	Thai Pumpkin Soup GF** Corned Silverside Lentil & Potato Patties** Berry & White Chocolate Pudding Cheesecake	Carrot & Lentil Soup GF** Mild Indian Veg Rolls** Chicken Casserole GF Sticky Date Pudding Coconut & Cherry Strudel	Potato & Spinach Soup** Roast Pork Crumbed Fish Meringue Nests GF Lamington Swiss Roll
<b>27 January</b>	<b>28 January</b>	<b>30 January</b>	<b>31 January</b>
<b>PUBLIC HOLIDAY CLOSED</b>	Chicken & Veg Soup Zucchini & Feta Fritters** Beef Lasagne Apricot Crumble Strawberry Nut Sundae	Yellow Split Pea Soup GF** Chicken Parmigiana Pulled Pork GF Orange Syrup Pudding Tiramisu	Pea & Ham Soup GF Cottage pie Cauliflower Curry GF** Apple Cake Chocolate Log
<b>3 February</b>	<b>4 February</b>	<b>6 February</b>	<b>7 February</b>
Mushroom/Potato Soup GF** Toasted Sandwiches & Sweet and Savoury Muffins, Scones	Tomato & bean Soup GF** Lamb Casserole GF Vegetable Filo Parcel** Honey & Star Anise Panna Cotta GF Berry Crumble	Thai Pumpkin Soup GF** Tuna Bake Beef Rissoles Peach Flan Fruit Salad & Ice Cream GF	Chickpea & Spinach Soup GF** Apricot Chicken GF Quiche Lebanese Custard Slice GF Trifle

Monday	Tuesday	Thursday	Friday
<b>10 February</b>	<b>11 February</b>	<b>13 February</b>	<b>14 February</b>
Chicken & Veg Soup Toasted Sandwiches & Sweet and Savoury Muffins, Scones	Bulgur, Lentil & Spinach Soup** Roast Chicken GF Zucchini, Tom & Capsicum Slice** Peach Upside Down Cake Eton Mess GF	Leek & Potato Soup GF** Moussaka Bangers & Mash Chocolate Bavarian Lemon Meringue Pie	Minestrone Soup** Crumbed Fish Beef & Guinness Pie Orange & Coconut Cake Peach Melba
<b>17 February</b>	<b>18 February</b>	<b>20 February</b>	<b>21 February</b>
Barley & Veg Soup** Toasted Sandwiches & Sweet and Savoury Muffins, Scones	Bean & Spinach Soup**GF Cheese & Spinach Pie** Beef Rissoles Cheesecake Chocolate Custard	Beef & Noodle Soup Butter Chicken Stuffed Tomatoes GF** Panna Cotta with Berries Lamington Roll	Pumpkin & Lentil Soup** GF Tuna Bake Vegetable & Feta Filo Rolls Apple Cake Eton Mess GF
<b>24 February</b>	<b>25 February</b>	<b>27 February</b>	<b>28 February</b>
Potato & Spinach Soup GF** Toasted Sandwiches & Sweet and Savoury Muffins, Scones	Pumpkin soup GF** Cauliflower Curry GF** Crumbed Fish Mango & Passionfruit Tiramisu Panna Cotta	Potato and Bacon Soup Roast Pork GF Pumpkin Lasagne** Pears and Chocolate Pavlova Roll	Yellow Split Pea Soup** GF Corned Silverside Bangers & Mash Chocolate Ice Sundae Lemon Pudding
<b>3 March</b>	<b>4 March</b>	<b>6 March</b>	<b>7 March</b>
Leek & Potato Soup** GF Toasted Sandwiches & Sweet and Savoury Muffins, Scones	Thai Pumpkin Soup** GF Moroccan Filo Rolls Meatballs in Tomato Sauce Orange Syrup Puddings Chocolate Nut Sundae	Potato and Cauliflower Soup** GF Chicken Stroganoff Bangers & Mash Apple Cake Fruit Salad & Ice cream GF	Minestrone Soup** Quiche** Apricot Chicken Trifle Meringue Nests GF

**Mondays – available 9.30am – 1pm**

**\*\*i indicates a Vegetarian dish GF indicates Gluten Free**

**Please note: Menu is subject to change without notice.**